



Illustration: Martin Haake



# At the farmers' market

*It's market day — the best day to shop for fresh, locally produced food. ANNA HOCHSIEDER presents key language you'll need to enjoy your trip to the farmers' market.*

**MEDIUM PLUS**



- |   |   |
|---|---|
| 1. market stall<br>[ˈmɑːkɪt stɔːl]                                    | 8. jam [dʒæm]   |
| 2. stallholder<br>[ˈstɔːl,həʊldə]<br>UK, vendor<br>[ˈvendə]<br>N. Am. | 9. mushrooms<br>[ˈmʌʃrʊmz]                                |
| 3. trout [traʊt]  | 10. eggs [egz]  |
| 4. scales [skeɪlz],<br>scale [skeɪl]<br>N. Am.                        | 11. lettuce [ˈletɪs]                                      |
| 5. customer<br>[ˈkʌstəmə]   | 12. punnet of<br>cranberries<br>[ˌpʌnɪt əv<br>ˈkrænbərɪz] |
| 6. ham [hæm]  | 13. herbs [hɜːbz]   |
| 7. damsons<br>[ˈdæmzənz],<br>plums [plʌmz]                            | 14. bread [bred]  |
|   | 15. shopping<br>basket                                    |
|   | 16. shopping list<br>[ˈʃɒpɪŋ lɪst]                        |
|   | 17. cheese [tʃiːz]  |

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**bunch** [bʌntʃ]  
• Bund; hier: Traube

**cauliflower** [ˈkɒli,flaʊə]  
• Blumenkohl

**cured ham** [kjuəd ˈhæm]  
• Räucherschinken

**cut down on sth.**  
[kʌt ˈdaʊn ɒn]  
• etw. reduzieren

**damson** [ˈdæmzən]  
• Zwetsche

**free-range** [ˌfriː ˈreɪndʒ]  
• Freiland-

**grated** [ˈɡreɪtɪd]  
• gerieben

**herbs** [hɜːbz]  
• Kräuter

**jar** [dʒɑː]  
• Glas, Gefäß

**lettuce** [ˈletɪs]  
• Kopfsalat

**purchase** [ˈpɜːtʃəs]  
• Kauf

**raspberry** [ˈrɑːzbəri]  
• Himbeere

**ripe** [raɪp]  
• reif

**slice** [slaɪs]  
• Scheibe

**smoked salmon**  
[ˌsməʊkt ˈsæmən]  
• Räucherlachs

**sprinkle** [ˈsprɪŋkl̩]  
• bestreuen

**stall** [stɔːl]  
• (Verkaufs)Stand

**suppose** [səˈpəʊz]  
• annehmen

**tempted: be** ~ [ˈtemptɪd]  
• in Versuchung sein

**treat oneself to sth.**  
[ˌtriːt wʌnˈself tə]  
• sich etw. gönnen

## Market day

Clare is doing her weekly shopping at the local market. Here, she is at the **fruit and veg stall**.

**Clare:** Those **damsons**, are they **ripe** yet?

**Mike:** Taste one. They're **delicious**.

**Clare:** Very nice! How much are they?

**Mike:** Three ninety **a kilo**.

**Clare:** OK, give me a kilo then. And **a bunch** of grapes, please. And **two kilos** of potatoes — the **organic** ones. Let's see, what else? I don't **suppose** you have **cauliflower**, do you?

**Mike:** I'm afraid not. It's not **in season**.

**Clare:** Never mind. I'll take a **lettuce** instead. And some cherry tomatoes — just **a handful**. They're **locally grown**, aren't they?

**Mike:** **Harvested** this morning.

**Clare:** Good. Oh, and can I have some mushrooms, please? **Half a pound** or so. They'll **keep** for a couple of days, won't they?

There's a new stall selling **home-made** jam. Clare buys a couple of **jars**, as well as **a wedge** of Cheddar cheese and **half a dozen free-range** eggs. She's **tempted** to buy a few **slices of cured ham**, but then she remembers that she wants to **cut down on** meat, so she **treats herself** to some **smoked salmon** instead. Her final purchase of the day is a birthday present for her sister: a selection of soaps, **handmade** from **organically grown herbs**.

## Food nouns

Many food nouns are **uncountable**, but even more are **both countable and uncountable**, depending on the context. For example, if you are referring to fruit as a type of food, it is uncountable:

- Everyone ought to eat lots of fruit.
- I always have fruit for lunch.

If you are referring to particular types of fruit, the noun is often used countably:

- Strawberries and raspberries are typical summer fruits.

Here are some more examples:

- **Sprinkle** the spaghetti with **grated** cheese. (uncountable)
- They sell a large selection of English cheeses. (countable)
- Do you like strawberry jam? (uncountable)
- Try our home-made jams and chutneys! (countable)



Be as cool as a cucumber in English! Practise the language you have learned here in the exercise booklet **Spotlight plus**: [spotlight-online.de/spotlight-plus](http://spotlight-online.de/spotlight-plus)