



1. take a nap
[ˌteɪk ə ˈnæp]
2. go hiking
[gəʊ ˈhaɪkɪŋ]
3. go running
[gəʊ ˈrʌnɪŋ]
4. go clubbing
[gəʊ ˈklʌbɪŋ]
5. do the chores
[ˌduː ðə ˈtʃɔːz]
6. eat out
[iːt ˈaʊt]
7. walk your dog
[ˌwɔːk jɔː ˈdɒg]
8. mow the lawn
[ˌməʊ ðə ˈlɔːn]
9. wash the car
[ˌwɒʃ ðə ˈkɑː]
10. go window-shopping
[gəʊ ˈwɪndəʊ ˌʃɒpɪŋ]
11. visit relatives
[ˌvɪzɪt ˈrelətɪvz]

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VOCABULARY

Weekend activities

What do you do at the weekend? Do you relax, go out and party, or catch up on the housework?
ANNA HOCHSIEDER
presents useful language to talk about weekend activities.

EASY PLUS

What do you do at the weekend?

- ▶ I travel a lot in my work, so I prefer to **spend my weekends at home**. My wife and I love **gardening**, and we **get some exercise** that way. **Walking our dog** keeps us fit, too. In winter, we like to **have friends over** to **play board games**.
- ▶ I spend all week in a tiny office, so I need to **get out** at the weekend to **blow away the cobwebs**. I **go on long hikes** with friends who share my love of the outdoors. Sometimes, we **cook over a campfire** and **sleep under the stars**.
- ▶ My son and I are keen supporters of our local football team. We never

miss a match, be it at home or away.

Experiencing the atmosphere in the stadium makes up for all the stress and boredom I suffer in my job.

- ▶ My friends and I **go clubbing** every Saturday. I never get home until **the small hours**. On Sundays, I **have a lie-in**, and then it's time to **tackle the chores**. I often get **the Sunday blues**, fretting about the week ahead and wishing it was Friday.
- ▶ Do I **get out** much at the weekend? Not really. My boss makes me **toil and slave** all week, so I need to **rest**. And anyway, there's nowhere to go: the village pub closed last year. I **take long naps** and **play on my gaming console**.

PRACTICE

Now, try the following exercises to practise talking about weekend activities.



| | |
|--|---|
| Exercise 1 | E |
| Study the illustration on the opposite page. Then match the activities to the explanations. | |
| <p>A. If you “do the chores”,...</p> <p>B. If you “eat out”,...</p> <p>C. If you “go clubbing”,...</p> <p>D. If you “go window-shopping”,...</p> <p>E. If you “mow the lawn”,...</p> | <p>1. you look at things in shop windows, but you might not buy anything.</p> <p>2. you go to a nightspot to drink and dance.</p> <p>3. you cut the grass in your garden using a machine.</p> <p>4. you do things like the <u>laundry</u> or the cleaning.</p> <p>5. you have a meal in a restaurant.</p> |

| | |
|--|---|
| Exercise 2 | M |
| Choose the correct verbs in the sentences below to complete the collocations. | |
| <p>A. I try to keep fit, so I often do / go running at the weekend.</p> <p>B. My wife and I do / make the chores together.</p> <p>C. After Sunday lunch, I always make / take a nice long nap.</p> <p>D. We often get / have people over for drinks on a Saturday.</p> | |

| | |
|--|---|
| Exercise 3 | A |
| Replace the expressions in bold below with idiomatic phrases from the text on the opposite page. | |
| <p>A. You should go for a long walk. That'll help you feel better and more alive.</p> <p>.....</p> <p>B. We invited some friends over on Saturday. They didn't leave until early the next morning.</p> <p>.....</p> <p>C. I work very hard with little time to rest five days a week. By the time the weekend arrives, I'm absolutely exhausted.</p> <p>.....</p> <p>D. On schooldays, our children have to get up at six, so we let them stay in bed longer at the weekend.</p> <p>.....</p> | |

Present simple or present continuous?

To talk about things that you do regularly or that are always true, remember to use the present simple, not the present continuous:

- I usually clean the house on Saturday and meet friends on Sunday.

To talk about your plans for a particular day or weekend, however, you can often use the present continuous, especially if the planned activities have already been arranged:

- I'm cleaning the house on Saturday and meeting friends on Sunday.

- bold** [bəʊld]
• Fettdruck
- exhausted** [ɪg'zɔ:stɪd]
• erschöpft
- laundry** [ləʊndri]
• Wäsche

Answers

- A-4; B-5; C-2; D-1; E-3
- A. go
B. do
C. take
D. have
- A. blow away the cobwebs
B. the small hours
C. toil and slave
D. have a lie-in

