

More tips for learning success

In her article "Eight tips for learning success" in *Spotlight* 9/2014, Joanna Westcombe presents ideas to help you to learn a language more effectively. Here are some ideas for further reading on the subjects raised in the article.

Brain Power: The simple but essential facts you need to understand as a teacher, learner, trainer, manager, parent or policy maker by Rita Baker. The Global Approach Ltd, £4.97.

Rita Baker has been teaching English for more than 40 years. She is passionate about bringing out the best in people. In this e-book, she explains in simple terms how the brain works, summarizes key research findings and shows how this information can help us all learn better.
<http://brain-power.co.uk>

In Your Hands: NLP in ELT by Jane Revell and Susan Norman. Saffire Press, £20.

Mainly, but not only, for teachers, this attractively laid-out book brings the insights of neurolinguistic programming to language teaching and learning.
<http://www.amazon.de/In-Your-Hands-Nlp-Eltdp/1901564002/>

Edutopia

Filmmaker George Lucas has strong feelings about the transforming powers of education, and the George Lucas Educational Foundation is behind the Edutopia website. There you can take a short quiz and explore the idea of multiple intelligences further. The site has many interesting sections.
<http://www.edutopia.org/multiple-intelligences-learning-styles-quiz>

The Human Memory

Luke Mastin's website takes a detailed but clear look at the brain and memory.
<http://www.human-memory.net>

Memory Improvement Tips

The site [memory-improvement-tips.com](http://www.memory-improvement-tips.com) has brain games and tips for improving your memory.
<http://www.memory-improvement-tips.com>