**VOCABULARY**

**Hiking**

If you enjoy hiking, you’re not alone. ANNA HOCHSIEDER presents language to talk about this popular leisure activity.

![Hiking Image]

**Spotlight Mountain 5 km**

**Off we go!**

**Alex:** We’re in luck. The weather forecast is excellent: bright sunshine all day!

**Pat:** We’d better take sun hats. Are you ready? Off we go!

**Pat:** Mind you don’t get stuck in the mud. The ground’s a bit boggy underfoot.

**Alex:** Yeah, it’s all moorland around here. Wait! I think this is where we turn off. Can I have a look at the map?

**Pat:** Let’s ask that man over there. — Excuse me, is this the way to Burgh Castle?

**Man:** Yes, that’s right. It’s about another mile. Follow the footpath until you reach a fork. Then bear left. It should be signposted.

**Alex:** Phew! I’m absolutely exhausted. I didn’t realize it would be uphill. And I’ve got a blister on my heel. Ouch!

**Pat:** But look at the view! Isn’t it stunning? Where are the binoculars?

**Pat:** How’s your foot? Do you want to go back the way we came?

**Alex:** No, let’s do the full circuit. It’s no problem with a blister plaster.

**Exercise 1**

Cross out the one word or phrase in each line that does not belong in the same category as the others.

A. Things that you wear:
   - a first aid kit
   - hiking boots
   - a walking stick
   - a rucksack

B. Things that you carry:
   - a map
   - a plaster
   - a signpost
   - a waymark

C. Things that contain something:
   - a plaster
   - a pocket knife
   - a rucksack
   - a thermos

D. Things that help you find your way:
   - a map
   - a plaster
   - a signpost
   - a waymark

**Exercise 2**

Match the words on the left with their definitions on the right.

**A. A circuit...**
   - 1. is wide open countryside covered with rough grass and heather
   - 2. is a place where a path divides into two parts to form a Y-shape
   - 3. is wet earth that has become soft and sticky
   - 4. is a path or route that starts and ends in the same place

**B. A fork...**
   - 1. is a path or route that starts and ends in the same place
   - 2. is a place where a path divides into two parts to form a Y-shape
   - 3. is wet earth that has become soft and sticky
   - 4. is wide open countryside covered with rough grass and heather

**C. Moorland...**
   - 1. is wet earth that has become soft and sticky
   - 2. is wide open countryside covered with rough grass and heather
   - 3. is a place where a path divides into two parts to form a Y-shape
   - 4. is a path or route that starts and ends in the same place

**Exercise 3**

Complete the sentences with the words from the list.

**bear | luck | mind | turn**

A. Do you want to go back the way you came? **bear**

B. Right when you reach the fork. **luck**

C. You don’t fall. It’s **stick**

D. We’re in **mind**. There’s a pub ahead.

**Exercise 4**

Complete the following sentences with words from the dialogue on the opposite page.

A. I can’t believe it’s raining. The **eye** said it would be sunny all day.

B. The walk was all **uphill**, but we were rewarded with a fantastic view of the countryside when we got to the top.

C. The ground’s likely to be wet: **slippery**, so I wouldn’t wear sandals if I were you.

D. Oh, look! There’s the castle. Can you pass me the **sun hat** so I can get a better view?

E. We were lucky we didn’t get lost. The footpath wasn’t very **clear**.

**Hiking**

“Hike” is a verb as well as a noun. Here are some examples of how the word is used:

- We hiked the South West Coast Path all the way to Land’s End.
- We went hiking in the Scottish Highlands last summer.
- The weather’s lovely. Let’s go for a hike!
- We could walk to the next town, but it’s quite a hike.

**Answers**

- A. Yes, that’s right. It’s about another mile. Follow the footpath until you reach a fork. Then bear left. It should be signposted.
- B. Phew! I’m absolutely exhausted. I didn’t realize it would be uphill. And I’ve got a blister on my heel. Ouch!
- C. How’s your foot? Do you want to go back the way we came?
- D. No, let’s do the full circuit. It’s no problem with a blister plaster.

VOCABULARY

17. binoculars [ˈbɪnəkjuːləz]  18. map [ˈmæp]

Unter www.spotlight-online.de/hiking finden Sie Übersetzungen und das gesamte Vocabulary-Archiv.