



1. signpost ['saɪnpəʊst]
2. lightweight fleece jacket [ˌlaɪtweɪt 'fliːs ˌdʒækɪt]
3. plaster ['plɑːstə] UK, Band-Aid ['bænd eɪd] N. Am.
4. blister ['blɪstə]
5. first-aid kit [ˌfɜːst 'eɪd kɪt]
6. penknife ['pennaɪf]
7. walking boots ['wɔːkɪŋ buːts], hiking boots ['haɪkɪŋ buːts]
8. waymark ['weɪmɑːk]
9. rucksack ['rʌksæk]
10. sunscreen ['sʌnskriːn]
11. thermos ['θɜːməs]
12. water bottle ['wɔːtə ˌbɒtl̩]
13. walking stick ['wɔːkɪŋ ˌstɪk]
14. footpath ['fʊtpɑːθ]
15. waistpack ['weɪstpæk]
16. waterproof jacket [ˌwɔːtəpruːf 'dʒækɪt]
17. binoculars [bɪ'nɒkjʊləz]
18. map [mæp]

Unter www.spotlight-online.de/teachers/picture-it finden Sie Übersetzungen und das gesamte Vocabulary-Archiv

PRACTICE

Now, try the following exercises to practise talking about hiking.

Exercise 1

Cross out the one word or phrase in each line that does not belong in the same category as the others.

- A. Things that you wear:
a fleece jacket | a sun hat | binoculars | walking boots
- B. Things that you carry:
a blister | a pocket knife | a rucksack | a thermos
- C. Things that contain something:
a first-aid kit | a thermos | a waistpack | sunscreen
- D. Things that help you find your way:
a map | a plaster | a signpost | a waymark

Exercise 2

Match the words on the left with their definitions on the right.

- | | |
|-----------------|---|
| A. A circuit... | 1. is wide open countryside covered with rough grass and <u>heather</u> . |
| B. A fork... | 2. is a place where a path divides into two parts to form a Y-shape. |
| C. Moorland... | 3. is wet earth that has become soft and <u>sticky</u> . |
| D. Mud... | 4. is a path or route that starts and ends in the same place. |

Exercise 3

Complete the sentences with the words from the list.

bear | luck | mind | turn

- A. Do we off here, or do we keep walking straight on?
- B. right when you reach the fork.
- C. you don't fall. It's slippery.
- D. We're in There's a pub ahead.



Exercise 4

Complete the following sentences with words from the dialogue on the opposite page.

- A. I can't believe it's raining. The said it would be sunny all day.
- B. The walk was all, but we were rewarded with a fantastic view of the countryside when we got to the top.
- C. The ground's likely to be wet, so I wouldn't wear sandals if I were you.
- D. Oh, look! There's the castle. Can you pass me the so I can get a better view?
- E. We were lucky we didn't get lost. The footpath wasn't very well

Hiking

"Hike" is a verb as well as a noun. Here are some examples of how the word is used:

- We **hiked** the South West Coast Path all the way to Land's End.
- We **went hiking** in the Scottish Highlands last summer.
- The weather's lovely. Let's **go for a hike!**
- We could walk to the next town, but it's **quite a hike**.

heather ['heðə]
• Heide(kraut)

slippery ['slɪpəri]
• rutschig

sticky ['stɪki]
• klebrig



Answers

1. A. binoculars
B. a blister
C. sunscreen
D. a plaster
2. A-4
B-2
C-1
D-3
3. A. turn
B. Bear
C. Mind
D. luck
4. A. weather forecast
B. uphill
C. underfoot
D. binoculars
E. signposted

VOCABULARY

Hiking

If you enjoy hiking, you're not alone.

ANNA HOCHSIEDER presents language to talk about this popular leisure activity.

MEDIUM PLUS

Off we go!

Alex: We're in luck. The **weather forecast** is excellent: bright sunshine all day!

Pat: We'd better take **sun hats**. Are you ready? Off we go!

Pat: Mind you don't **get stuck in the mud**. The ground's a bit **boggy underfoot**.

Alex: Yeah, it's all **moorland** around here. Wait! I think this is where we **turn off**. Can I have a look at the **map**?

Pat: Let's ask that man over there. — Excuse me, is this **the way to** Burgh Castle?

Man: Yes, that's right. It's about another mile. **Follow the footpath** until you **reach a fork**. Then **bear left**. It should be **signposted**.

Alex: Phew! I'm absolutely exhausted. I didn't realize it would be **all uphill**. And I've got a **blister on my heel**. Ouch!

Pat: But look at the **view**! Isn't it **stunning**? Where are the **binoculars**?

Pat: How's your foot? Do you want to **go back the way we came**?

Alex: No, let's **do the full circuit**. It's no problem with a **blister plaster**.

Illustration: Martin Haake