

VOCABULARY

Hiking

If you enjoy hiking, you're not alone. ANNA HOCHSIEDER presents language to talk about this popular leisure activity.

MEDIUM PLUS

signpost ['sampəust]

- lightweight fleece jacket[,laitweit 'fliss ,d3ækit]
- 3. plaster ['ploɪstə] UK, Band-Aid ['bænd eɪd] N. Am.
- 4. blister ['blistə]
- 5. first-aid kit
- [ˌfɜːst 'eɪd kɪt] 6. penknife
- ['pennaif] 7. walking boots
- ['wo:kıŋ bu:ts], hiking boots ['haıkıŋ bu:ts]
- 8. waymark ['weimaik]
- 9. rucksack ['rʌksæk]
- 10. sunscreen
- ['sʌnskriːn]
- thermos ['θ3:məs]
 water bottle
- ['wortə ˌbɒtəl]
- 13. walking stick ['wɔ:kıŋ ˌstɪk]
- 14. footpath ['futpa:θ]
- 15. waistpack
- ['weistpæk]
- 16. waterproof jacket
- [ˌwɔːtəpruːf 'dʒækɪt]
- 17. binoculars
- [bɪˈnɒkjʊləz]
- 18. map [mæp]

Unter www.spotlight-online. de/teachers/picture-it finden Sie Übersetzungen und das gesamte Vocabulary-Archiv

Off we go!

- Alex: We're in luck. The **weather forecast** is excellent: bright sunshine all day!
- Pat: We'd better take **sun hats**. Are you ready? Off we go!
- Pat: Mind you don't **get stuck in the mud**. The ground's a bit **boggy underfoot**.
- Alex: Yeah, it's all **moorland** around here. Wait! I think this is where we **turn off**. Can I have a look at the **map**?
- Pat: Let's ask that man over there. — Excuse me, is this **the way to** Burgh Castle?

- Man: Yes, that's right. It's about another mile. Follow the footpath until you reach a fork. Then bear left. It should be signposted.
- Alex: Phew! I'm absolutely exhausted. I didn't realize it would be **all uphill**. And I've got **a blister on my heel**. Ouch!
- Pat: But look at the **view**! Isn't it **stunning**? Where are the **binoculars**?
- Pat: How's your foot? Do you want to go back the way we came? Alex: No, let's do the full circuit. It's no problem with a blister plaster.

PRACTICE

Now, try the following exercises to practise talking about hiking.

Exercise 1		Ē
Cross out the one word or phrase in each line that does not belong in the same category as the others.		
A. Things that you wear: a fleece jacket a sun hat binoculars walking boots		
B. Things that you carry: a blister a pocket knife a rucksack a thermos		
C. Things that contain something: a first-aid kit a thermos a waistpack sunscreen		
D. Things that help you find your way: a map a plaster a signpost a waymark		
Exercise 2		M
Match the words or right.	on the left with their definitions on tl	ne
A. A circuit	1. is wide open countryside covere with rough grass and <u>heather</u> .	d
B. A fork	2. is a place where a path divides int two parts to form a Y-shape.	to
C. Moorland	 is wet earth that has become soft and <u>sticky</u>. 	
D. Mud	4. is a path or route that starts and ends in the same place.	
Exercise 3		M
Complete the sentences with the words from the list.		

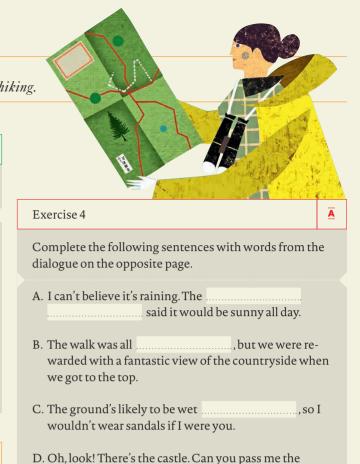
bear | luck | mind | turn

A. Do we straight on?
B. right when you reach the fork.
C. you don't fall. It's <u>slippery</u>.
D. We're in . There's a pub ahead.

44 Spotlight 7/2017

VOCABULARY

VOCABULARY



- so I can get a better view?
- E. We were lucky we didn't get lost. The footpath wasn't very well

Hiking

"Hike" is a verb as well as a noun. Here are some examples of how the word is used:

- We **hiked** the South West Coast Path all the way to Land's End.
- We went hiking in the Scottish Highlands last summer.
- The weather's lovely. Let's go for a hike!
- We could walk to the next town, but it's **quite a hike**.

